

January 2023

Dear Parent / Carer

### **School entry health questionnaire including height and weight checks for Reception Year children**

You are invited to complete an online health questionnaire for your child so that the School Nursing team can find out if any health advice or support is needed. Class teachers can also give feedback to the School Nursing team if they have any concerns about a child.

Part of this assessment includes a review of their growth, vision and, if required, a hearing test. The School Nursing team will do this during term-time and weigh and measure children fully clothed, except for their coats and shoes, in a private space away from other pupils.

To carry out these checks we need to have your consent and we use e-consent, which is quick and easy, and can be done on any device i.e., mobile phone, tablet, or computer.

Children do not have to take part on the day if they do not want to.

Each year in England, school children in Reception have their height and weight checked at school as part of the National Child Measurement Programme. Height and weight measurements are used to calculate weight status. To find out more about the programme and how the data will be used, please visit [www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/](http://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/)

#### **What we need for you to do:**

**Complete the electronic consent form with either *Yes* or *No***  
(please read this letter for further information)

**Even if you do not wish your child to be measured, please complete the e-consent form so we can record your preference.**

- Visit <https://www.cfhschilddevelopment.co.uk/Form/NCMP>
- Enter your school's unique code: - **SR125193**
- Complete the boxes

Even if you do not wish to complete the questionnaire or consent for your child to be measured, please complete the e-consent form so we can record your preferences.

An automated email will be sent to you on completion of the e-consent form from Cinnamon Digital Applications (who host the website for us). This email can sometimes be sent to the junk folder, so please check.

You can read our Privacy Policy by visiting  
[www.childrenshealthsurrey.nhs.uk/about-us/privacy-policy](http://www.childrenshealthsurrey.nhs.uk/about-us/privacy-policy)

If you are unable to complete the e-consent form online, have any concerns, or would like to discuss this further, please contact the Surrey-wide 0-19 Advice Line on 01883 340 922.

We send your child's measurements to you using the email you enter on the e-consent form. If you do not receive any results within 10 working days of the assessment, please contact the advice line on the number above.

If your child's weight falls outside predicted norms for their age and height, we will contact you.

Yours faithfully,

School Nurse team  
Children and Family Health Surrey

For more information about our services and school nursing, visit  
[www.childrenshealthsurrey.nhs.uk](http://www.childrenshealthsurrey.nhs.uk)

For more information about how to keep your family fit and healthy visit:



[www.nhs.uk/healthier-families/](http://www.nhs.uk/healthier-families/)

Healthy Surrey

[www.healthysurrey.org.uk](http://www.healthysurrey.org.uk)