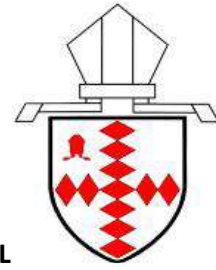




NUTFIELD CHURCH (C OF E) PRIMARY SCHOOL



## Relationships and Sex Education (RSE) and Health Education Policy

### Vision

We fully embrace the vision stated in the Church of England's Vision for Education 'Deeply Christian Serving the Common Good' published in July 2016 of educating the whole person. We aim for our children and members of the wider school community to flourish in all they do and '**live life in all its fullness**'. (John 10:10)

### Values

- We are a church school, which believes in the importance of **community**, where people from all races, religions and cultures act in **peace** together.
- Our pupils, staff and families work together as a team, with **wisdom** supporting each other through our learning. We have **hope** in our challenges and in our successes.
- We recognise the **dignity** and ultimate worth of each person, created in the image of God, further shaped by the person, teaching and example of Jesus. We look to the future with **joy**.

**Reviewed:**                      **Spring 2024**

**Next Review:**                 **Spring 2025**

Relationships and Sex Education is lifelong learning about:

1. stable and loving relationships, respect, love and care
2. physical, moral and emotional development
3. the understanding of the importance of marriage for family life (teaching staff need to be sensitive to the diversity of family life and be fully trained in the light of 'All God's Children' (Church of England guidance).

### **Our Aims**

#### **To teach the children:**

- why families are special for caring and sharing
- the basic rules for keeping themselves safe and healthy
- about safe places to be and safe people to be with
- the needs of babies and young people
- ways in which they are like and different from others
- that they have control over their actions and bodies
- the names of the main external parts of the body including agreed names for sexual parts (feet, fingers, hands, vagina, mouth, thumbs, penis, eyes, tummy, legs, arms, knee, clitoris).

Pupils will have given thought to the following:

- Why families are special
- The similarities and differences between people
- How their feelings and actions have an impact on other people.

Relationships and Sex Education will be delivered through the school's Wellbeing Curriculum as part of Personal, Social, Health Education or cross-curricular topics so that pupils:

- receive their sex education in the wider context of relationships
- are prepared for the opportunities, responsibilities and experiences of adult life.

At primary school level it should ensure that all children:

- develop confidence in talking, listening and thinking about feelings and relationships
- are able to name parts of the body and describe how their bodies work
- can protect themselves and ask for help and support
- are prepared for puberty.

The role of the Wellbeing Curriculum Subject Leader is to maintain an overview of Relationship and Sex Education provision and have overall responsibility for its development. This will include keeping up to date with developments and good practice, developing the provision to meet pupils' needs, providing support and resources for staff, arranging staff training, liaison with outside agencies and monitoring and evaluation.

At Nutfield Church (C of E) Primary we operate a partnership approach to Relationships and Sex education. We recognise parents are key people in:

- teaching their children about relationships and sex
- maintaining the culture and ethos of the family
- helping their children cope with the emotional and physical aspects of growing up
- preparing them for the challenges and responsibilities that sexual maturity brings

Many parents find it difficult to talk to their children about relationships and sex and need support in:

- helping their children to learn the appropriate names of the body
- talking with other children about feelings and relationships
- answering questions about growing up, having babies, feeling attraction, relationships etc.

Parents will be informed of the curriculum content and timing of the sequence of lessons.

### **How do we do this?**

In Nutfield Church (C of E) Primary School relationships and sex education is an integral part of our PSHE work which involves 'finding out about ourselves'. It is visited annually which allows our class teachers to recognise the different developmental stages of children and to respond appropriately to individual children.

- The work is planned for all pupils; draws on learning undertaken in other areas of the curriculum; allows time for discussion and reflection, essential for attitudinal and behavioural learning; sets sex education within a framework of personal development and relationships in which caring for ourselves and others in a responsible way through love, stability (incl. marriage) and consistency are the guiding tenets. We use a variety of resources which:
  - have curriculum relevance
  - provide information and knowledge
  - encourage positive attitudes and values
  - promote the necessary skills for effective communication, loving, caring and happy relationships and positive behaviour

### **Assessment and Record keeping**

Long term, medium term and short term PSHE planning documents show the knowledge covered by the schemes of work based on school guidelines. Evaluations of planning and delivery of schemes of work through which Relationships and Sex education is being covered will show which units of work were covered. Teachers continually assess children during the unit. There may be a written comment in the PSHE section of the annual report to parents.

## **Equal Opportunities**

Children will have equal access to the relationship and sex education curriculum unless specifically withdraw from this provision by their parents.

Parents will be informed, in writing, of the right of withdrawal from the sex education programme which is seen as part of the series of lessons and discussions. To exercise this right they should write to the Head Teacher.

In line with equal opportunities we will:

- Actively promote non-sexist language
- Discuss issues of equal opportunities
- Develop a positive attitude to variety and difference.

Sexual orientation-discrimination on grounds of sexual orientation will be dealt with immediately and appropriately, in a way which preserves the dignity and values of people in society.

## **Special Educational Needs**

Extra care will be taken to ensure sensitivity is shown towards children whose maturity (e.g. experience of family life, sexual knowledge and moral framework) is a cause of concern.

## **Child Protection**

Child sex abuse procedure – in all cases where a pupil alleges that he/she is being sexually abused, the Child Protection Liaison Officer will be informed immediately so that the procedures outlined in 'Child Protection Procedures' can be followed. It will be made clear to the pupils that the member of staff is obliged to pass on their information.

## **Monitoring the Policy**

Relationship and Sex education will be monitored in line with the School Monitoring Policy. The Wellbeing and Science Subject Leaders will have responsibility to monitor the effectiveness of the planning and organisational procedures of Relationship and Sex Education that form part of their curriculum responsibility. This will be through the termly evaluations of planning. Staff development needs will also be addressed.

Please read this Policy in line with  
Science procedure  
PSHE procedure  
Safeguarding and Child Protection Policy  
Quality of Education Policy  
Equality Policy