

January 2025

Dear Parent/Carer

**Reminder** - please respond before 24<sup>th</sup> February as the consent portal will be closed from this date.

Height and weight checks for children in Year R

Each year in England, school children in Year R have their height and weight checked at school as part of the National Child Measurement Programme. Height and weight measurements are used to calculate weight status. To find out more about the programme and how the data will be used, please visit

[www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/](http://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/)

During the spring/summer term members of the school nursing team weigh and measure children fully clothed, except for their coats and shoes, in a private space away from other pupils.

E-consent is quick and easy and can be completed on any device i.e., mobile phone, tablet, or computer.

Yes – your child will be seen in school for height and weight screening. The results will be sent to you via the contact details on Cinnamon portal. This email can sometimes be sent to the junk folder, so please check.

No – your child will be withdrawn from all screening.

No reply – your child will be seen for screening of height and weight as part of the National Child Measurement Programme, requests for results can be made on the advice line on 01883 340922

Children do not have to take part on the day if they do not want to.

**What you need to do:**

**Complete the electronic consent form with either *Yes* or *No* (please read this letter for further information)**

**Even if you do not wish your child to be measured, please complete the e-consent form so we can record your preference.**

- Visit <https://www.cfhschilddevelopment.co.uk/Form/NCMP>
- Enter your school's unique code: - **SR125193**
- Complete the boxes

An automated email will be sent to you on completion of the e-consent form from Cinnamon Digital Applications (who host the website for us). This email can sometimes be sent to the junk folder, so please check. If you do not receive any results within 10 working days of the screening, please contact the Surrey wide 0-19 Advice Line on 01883 340922.

You can read our Privacy Policy on our website:

[www.childrenshealthsurrey.nhs.uk/about-us/privacy-policy](http://www.childrenshealthsurrey.nhs.uk/about-us/privacy-policy)

If you do not have online access to complete the e-consent, have any concerns, or would like to discuss this further, please contact our Surrey-wide 0-19 Advice Line on 01883 340922.

We will be sending your child's measurements to you using the email address you enter via the e- consent application. Please note that if your child is a healthy weight there will be no further contact from the School Nursing team.

If your child's weight falls outside predicted norms for their age and height, we will contact you.

Yours faithfully,

School Nurse Team  
Children and Family Health Surrey

For more information about our services and school nursing, visit

[www.childrenshealthsurrey.nhs.uk](http://www.childrenshealthsurrey.nhs.uk)

For more information about how to keep your family fit and healthy visit:



[www.nhs.uk/healthier-families/](http://www.nhs.uk/healthier-families/)

Healthy Surrey

[www.healthysurrey.org.uk](http://www.healthysurrey.org.uk)