



## **Surrey Paediatrics Parenting Service**



The Paediatrics Parenting Support Service has been commissioned by Surrey Heartlands Trust to offer support to parent/carers and their families living in Surrey whose children aged 5 and under who may be neurodivergent, exhibiting challenging or avoidant behaviours, or are seeking help to improve their child's social and emotional skills.

Empowering parents/carers with the support and tools they need to allow their children to thrive.

## What we offer

Our service encourages parents/carers to explore the early developmental stages of young people, offer a deeper understanding into emotional regulation, explore strategies that can be used at home and shared with childcare provisions.

Our practitioners provide a 6-week online group or a 3-week face-to-face group within the community with the option to bring children along.



## **Referral Process**

Our service accepts referrals from the community. This includes but is not limited to:

- \* Professionals working with the family (School, social care etc)
- GP surgeries
- \* Parents or Carers themselves

Referrals can be completed by scanning the below QR code.

Any questions can be sent to: <u>SurreySupportU5@barnardos.org.uk</u>

## OR

Barnardo's Paediatrics Parenting Service,

Dorset House,

Kingston Road,

Leatherhead, Surrey,

KT22 7PL



