



Small Sacrifices. Big Local Impact.

40 days of giving this Lent

Lent is a time for **reflection**, **sacrifice**, and **generosity** - could you skip a coffee or sweet treat and donate a few tins to your local food bank charity instead?

From 18 February to 2 April, Lent is a chance to turn sacrifice into support. Every donation, big or small, can bring hope to local families in need.

How you can help

Food Donations Needed:

- ✓ Tinned fruit
- ✓ Tinned meals - chilli, casserole
- ✓ Tinned meat - ham, corned beef
- ✓ Tinned vegetables
- ✓ Tinned potatoes
- ✓ Tinned custard or rice pudding
- ✓ Biscuits
- ✓ Jars of pasta sauce

**Can't get to the shops?
Make an online donation
here.**



Donations can be dropped at: Reigate Community Centre, Merstham Community Hub, Everycare Woodhatch, Loveworks Warehouse, Redhill.
Find all Loveworks donation points at www.loveworks.org.uk