



Improving lives through food
FOOD BANK CHARITY



Small Sacrifices. Big Local Impact.

40 days of giving this Lent

Lent is a time for **reflection, sacrifice, and generosity** - could you skip a coffee or sweet treat and donate a few tins to your local food bank charity instead?

From 18 February to 2 April, Lent is a chance to turn sacrifice into support. Every donation, big or small, can bring hope to local families in need.

How you can help

Food Donations Needed:

- Tinned fruit
- Tinned meals - chilli, casserole
- Tinned meat - ham, corned beef
- Tinned vegetables
- Tinned potatoes
- Tinned custard or rice pudding
- Biscuits
- Jars of pasta sauce

**Can't get to the shops?
Make an online donation
here.**



Donations can be dropped at: Reigate Community Centre, Merstham Community Hub, Everycare Woodhatch, Loveworks Warehouse, Redhill. Find all Loveworks donation points at www.loveworks.org.uk