



NUTFIELD CHURCH CE PRIMARY SCHOOL

WELLBEING CURRICULUM OVERVIEW 2025/2026

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Christian Values	COMMUNITY	PEACE	WISDOM	HOPE	DIGNITY	JOY
R	PD: <ul style="list-style-type: none">Structured Movement PSED/PSHE/RSE: <ul style="list-style-type: none">Being Me in My World	PD: <ul style="list-style-type: none">Ball Skills PSED/PSHE/RSE: <ul style="list-style-type: none">Celebrating Differences	PD: <ul style="list-style-type: none">Dance PSED/PSHE/RSE: <ul style="list-style-type: none">Dreams and Goals	PD: <ul style="list-style-type: none">Fundamentals PSED/PSHE/RSE: <ul style="list-style-type: none">Healthy Me	PD: <ul style="list-style-type: none">Games PSED/PSHE/RSE: <ul style="list-style-type: none">Relationships	PD: <ul style="list-style-type: none">Gymnastics PSED/PSHE/RSE: <ul style="list-style-type: none">Changing Me
	Outdoor Learning Rabbits					
<ul style="list-style-type: none">To check on Peter Rabbit every dayLearn facts about rabbitsunderstand basic care needsunderstand what food rabbits can and cannot eatbe familiar with the necessary equipment and resources that are involved with caring for rabbitsspot the signs for when a rabbit may not be wellknow how to safely handle a rabbitknow how to groom a rabbit <ul style="list-style-type: none">To check on Peter Rabbit every dayknow the life cycle of a rabbitlearn about different breeds of rabbitsunderstand the difference between wild rabbits, hares and petsbegin to learn about predators <ul style="list-style-type: none">To check on Peter Rabbit every dayDesign and make a rabbit foraging/enrichment boxLearn about the behaviours of rabbitsLearn about herbivoresLearn about the natural habitat of rabbits						
1	PE: <ul style="list-style-type: none">Fundamentals PSHE/RSE:	PE: <ul style="list-style-type: none">DanceSending & Receiving	PE: <ul style="list-style-type: none">Gymnastics PSHE/RSE:	PE: <ul style="list-style-type: none">Invasion GamesDance	PE: <ul style="list-style-type: none">Net & Wall Games	PE: <ul style="list-style-type: none">AthleticsStriking & Fielding



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	<ul style="list-style-type: none">design and create Winter hanging basketsattend to weeding and preparing new soilidentify which seasons and months are besting for sowing and planting vegetables, fruits and herbsplan a calendar of planting and sowing for the year aheadknow what equipment is required when gardeningknow how to tend a gardenharvest seasonal produceidentify what is safe to grow near the farm animalsdesign labels for everything that is planted	<ul style="list-style-type: none">design and create Spring hanging basketsharvest seasonal produceattend to weedingplant and sow seasonal producewrite letters to the local garden centre asking for their support	<ul style="list-style-type: none">design and create Summer hanging basketsharvest seasonal produceattend to weedingplant and sow seasonal producelearn about sustainability food milesdevelop a school farmer's market towards the end of the year		
3	<p>PE:</p> <ul style="list-style-type: none">- Gymnastics- Tag Rugby <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Being Me in My World- Celebrating Differences	<p>PE:</p> <ul style="list-style-type: none">- Quick sticks <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Dreams and Goals- Healthy Me	<p>PE:</p> <ul style="list-style-type: none">- Dodgeball- Dance <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Netball- Swimming	<p>PE:</p> <ul style="list-style-type: none">- Rounders- Gymnastics <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Relationships- Changing Me (RSE Week)	<p>PE:</p> <ul style="list-style-type: none">- Athletics
Outdoor Learning Wildlife Area					
	<ul style="list-style-type: none">Know the safety rules for the wildlife area	<ul style="list-style-type: none">Take part in the RSPB National Bird Watch.	<ul style="list-style-type: none">Take part in the Wildlife Trust '30 Days Wild Challenge' in June		



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	<ul style="list-style-type: none">- Tag Rugby- Gymnastics <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Being Me in My World- Celebrating Differences	<ul style="list-style-type: none">- Handball <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Being Me in My World- Celebrating Differences	<ul style="list-style-type: none">- Dodgeball- Hockey <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Dreams and Goals- Healthy Me	<ul style="list-style-type: none">- Netball <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Dreams and Goals- Healthy Me	<ul style="list-style-type: none">- Rounders- Dance	<ul style="list-style-type: none">- Athletics <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Relationships- Changing Me (RSE Week)
Outdoor Learning Chickens						
	<ul style="list-style-type: none">• Care for the chickens on a daily basis• Research into egg production and selling eggs to the community• Research into chicken welfare and battery chickens• Support Year 1 with their learning about caring for chickens	<ul style="list-style-type: none">• Continue to care for the chickens on a daily basis• Research how to purchase battery chickens and identify equipment/resources needed• Fundraise for the purchase of new chickens	<ul style="list-style-type: none">• To continue to care for the chickens on a daily basis• Design an egg box for NCPS eggs• Sell / donate eggs to the local community			
6	<p>PE:</p> <ul style="list-style-type: none">- Tag Rugby <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Being Me in My World- Celebrating Differences	<p>PE:</p> <ul style="list-style-type: none">- Handball- Gymnastics <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Dreams and Goals- Healthy Me	<p>PE:</p> <ul style="list-style-type: none">- Dodgeball <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Dreams and Goals- Healthy Me	<p>PE:</p> <ul style="list-style-type: none">- Basketball- Hockey <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Relationships	<p>PE:</p> <ul style="list-style-type: none">- Rounders <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Relationships	<p>PE:</p> <ul style="list-style-type: none">- Athletics- Dance <p>PSHE/RSE:</p> <ul style="list-style-type: none">- Changing Me (RSE Week)
Outdoor Learning Trinity Farm Guinea Pigs						
	<ul style="list-style-type: none">• Train as Farm Managers		<ul style="list-style-type: none">• Continue to tend the garden area• Continue to tend the farm grounds		<ul style="list-style-type: none">• Continue to tend the garden area• Continue to tend the farm grounds	



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<ul style="list-style-type: none">• Research the wellbeing benefits of having animals in school• Establish a daily routine for tending the farm and its up-keep• Establish a rota of care for all the farm animals• Research Pygmy Goats and how to look after them• Research into guinea pig breeds and their care• Tend to the flower and vegetable beds	<ul style="list-style-type: none">• Support the preparation of the goat enclosure• Identify the resources and equipment need to care for pygmy goats• Inform the school community of the new farm animals through a range of comms• Contribute to the Wellbeing Newsletter	<ul style="list-style-type: none">• Survey the school community regarding other farm animals• Research into the feasibility of acquiring new animals
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- P4C – to be incorporated into other subject areas, particularly RE
- British Values and SMSC are incorporated into the Jigsaw Scheme of Work
- Outdoor Learning (Enquiry Learning) will continue and could be ‘blocked’. Classes will still have their areas of responsibility.