



NUTFIELD CHURCH CE PRIMARY SCHOOL

WELLBEING CURRICULUM OVERVIEW 2025/2026

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Christian Values	COMMUNITY	PEACE	WISDOM	HOPE	DIGNITY	JOY
R	PD: - Structured Movement PSSED/PSHE/RSE: - Being Me in My World	PD: - Ball Skills PSSED/PSHE/RSE: - Celebrating Differences	PD: - Dance PSSED/PSHE/RSE: - Dreams and Goals	PD: - Fundamentals PSSED/PSHE/RSE: - Healthy Me	PD: - Games PSSED/PSHE/RSE: - Relationships	PD: - Gymnastics PSSED/PSHE/RSE: - Changing Me
	Outdoor Learning Rabbits					
	<ul style="list-style-type: none"> To check on Peter Rabbit every day Learn facts about rabbits understand basic care needs understand what food rabbits can and cannot eat be familiar with the necessary equipment and resources that are involved with caring for rabbits spot the signs for when a rabbit may not be well know how to safely handle a rabbit know how to groom a rabbit 		<ul style="list-style-type: none"> To check on Peter Rabbit every day know the life cycle of a rabbit learn about different breeds of rabbits understand the difference between wild rabbits, hares and pets begin to learn about predators 		<ul style="list-style-type: none"> To check on Peter Rabbit every day Design and make a rabbit foraging/enrichment box Learn about the behaviours of rabbits Learn about herbivores Learn about the natural habitat of rabbits 	
1	PE: - Fundamentals PSHE/RSE:	PE: - Dance - Sending & Receiving	PE: - Gymnastics PSHE/RSE:	PE: - Invasion Games - Dance	PE: - Net & Wall Games	PE: - Athletics - Striking & Fielding



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	<ul style="list-style-type: none"> - Being Me in My World - Celebrating Differences 		<ul style="list-style-type: none"> - Dreams and Goals - Healthy Me 		PSHE/RSE: <ul style="list-style-type: none"> - Relationships 	PSHE/RSE: <ul style="list-style-type: none"> - Changing Me (RSE Week)
	Outdoor Learning Chickens					
	<ul style="list-style-type: none"> • To check on the chickens on a daily basis. • develop empathy • learn facts about chickens • understand basic care needs • understand what food chickens can and cannot eat • be familiar with the necessary equipment and resources that are involved with caring for chickens • spot the signs for when a chicken may not be well • know how to safely handle a chicken 	<ul style="list-style-type: none"> • To check on the chickens on a daily basis. • know the life cycle of a chicken • know the difference between hens, cockerels and roosters • learn about the number of breeds there are in the local area/Surrey/England/UK • begin to learn about the processes involved in producing and selling eggs • learn about predators 	<ul style="list-style-type: none"> • To check on the chickens on a daily basis. • Have a basic understanding of animal welfare • Learn about the work of the RSPCA • Know the laws and regulations for keeping chickens 			
2	PE: <ul style="list-style-type: none"> - Fundamentals - Gymnastics 	PE: <ul style="list-style-type: none"> - Dance PSHE/RSE: <ul style="list-style-type: none"> - Being Me in My World - Celebrating Differences 	PE: <ul style="list-style-type: none"> - Sending & Receiving - Invasion Games 	PE: <ul style="list-style-type: none"> - Gymnastics PSHE/RSE: <ul style="list-style-type: none"> - Dreams and Goals - Healthy Me 	PE: <ul style="list-style-type: none"> - Striking & Fielding Games - Net & Wall Games 	PE: <ul style="list-style-type: none"> - Athletics PSHE/RSE: <ul style="list-style-type: none"> - Relationships - Changing Me (RSE Week)
	Outdoor Learning Garden Areas					



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	<ul style="list-style-type: none"> design and create Winter hanging baskets attend to weeding and preparing new soil identify which seasons and months are besting for sowing and planting vegetables, fruits and herbs plan a calendar of planting and sowing for the year ahead know what equipment is required when gardening know how to tend a garden harvest seasonal produce identify what is safe to grow near the farm animals design labels for everything that is planted 		<ul style="list-style-type: none"> design and create Spring hanging baskets harvest seasonal produce attend to weeding plant and sow seasonal produce write letters to the local garden centre asking for their support 		<ul style="list-style-type: none"> design and create Summer hanging baskets harvest seasonal produce attend to weeding plant and sow seasonal produce learn about sustainability food miles develop a school farmer's market towards the end of the year 	
3	PE: <ul style="list-style-type: none"> Gymnastics Tag Rugby 	PE: <ul style="list-style-type: none"> Quick sticks PSHE/RSE: <ul style="list-style-type: none"> Being Me in My World Celebrating Differences 	PE: <ul style="list-style-type: none"> Dodgeball Dance 	PE: <ul style="list-style-type: none"> Netball Swimming PSHE/RSE: <ul style="list-style-type: none"> Dreams and Goals Healthy Me 	PE: <ul style="list-style-type: none"> Rounders Gymnastics 	PE: <ul style="list-style-type: none"> Athletics PSHE/RSE: <ul style="list-style-type: none"> Relationships Changing Me (RSE Week)
	Outdoor Learning Wildlife Area					
	<ul style="list-style-type: none"> Know the safety rules for the wildlife area 		<ul style="list-style-type: none"> Take part in the RSPB National Bird Watch. 		<ul style="list-style-type: none"> Take part in the Wildlife Trust '30 Days Wild Challenge' in June 	



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	<ul style="list-style-type: none"> Bird watching – keeping a tally of birds seen Designing and creating bird feeders. Make hedgehog fact files Identify the different trees and plants in the area and make display signs Develop a compost area Create a log pile to attract a range of wildlife Investigate animal markings and tracks Research into wild deer 		<ul style="list-style-type: none"> To continue to observe bird activity and keep a log To research hedgehog habitats and how to encourage them into the school grounds Design and create a hedgehog home 		<ul style="list-style-type: none"> Continue to observe bird activity and compare the data across the year Design and make a bird bath Identify how we could improve the wildlife area Research how to create and tend a wild patch. Identify soil Ph levels and what flowers could be planted 	
4	PE: - Tag Rugby	PE: - Handball - Gymnastics	PE: - Dodgeball	PE: - Basketball - Maypole	PE: - Maypole	PE: - Athletics - Rounders
	PSHE/RSE: - Being Me in My World - Celebrating Differences		PSHE/RSE: - Dreams and Goals - Healthy Me		PSHE/RSE: - Relationships	PSHE/RSE: - Changing Me (RSE Week)
	Outdoor Learning Bug Hotel					
	<ul style="list-style-type: none"> Identify and research the best natural materials for a bug hotel (The Woodland Trust) Observe activity in the Bug Hotel using the observation camera Design new layers which attract frogs, toads, hedgehogs and pollinating insects 		<ul style="list-style-type: none"> Continue to observe activity in the Bug Hotel using the observation camera Build new layers to the Bug Hotel. Design and create a Twig Tower Design and create a Pine Cone Palace Make a record of all the bugs and insects that are living in or near the Bug Hotel 		<ul style="list-style-type: none"> Continue to observe activity in the Bug Hotel using the observation camera Paint and decorate the Bug Hotel Identify any improvements that could be made or introduced to the Bug Hotel and area 	
5	PE:	PE:	PE:	PE:	PE:	PE:



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	<ul style="list-style-type: none"> - Tag Rugby - Gymnastics 	<ul style="list-style-type: none"> - Handball <p>PSHE/RSE:</p> <ul style="list-style-type: none"> - Being Me in My World - Celebrating Differences 	<ul style="list-style-type: none"> - Dodgeball - Hockey 	<ul style="list-style-type: none"> - Netball <p>PSHE/RSE:</p> <ul style="list-style-type: none"> - Dreams and Goals - Healthy Me 	<ul style="list-style-type: none"> - Rounders - Dance 	<ul style="list-style-type: none"> - Athletics <p>PSHE/RSE:</p> <ul style="list-style-type: none"> - Relationships - Changing Me (RSE Week)
	<p style="text-align: center;">Outdoor Learning Chickens</p>					
	<ul style="list-style-type: none"> • Care for the chickens on a daily basis • Research into egg production and selling eggs to the community • Research into chicken welfare and battery chickens • Support Year 1 with their learning about caring for chickens 		<ul style="list-style-type: none"> • Continue to care for the chickens on a daily basis • Research how to purchase battery chickens and identify equipment/resources needed • Fundraise for the purchase of new chickens 		<ul style="list-style-type: none"> • To continue to care for the chickens on a daily basis • Design an egg box for NCPS eggs • Sell / donate eggs to the local community 	
6	<p>PE:</p> <ul style="list-style-type: none"> - Tag Rugby <p>PSHE/RSE:</p> <ul style="list-style-type: none"> - Being Me in My World - Celebrating Differences 	<p>PE:</p> <ul style="list-style-type: none"> - Handball - Gymnastics 	<p>PE:</p> <ul style="list-style-type: none"> - Dodgeball <p>PSHE/RSE:</p> <ul style="list-style-type: none"> - Dreams and Goals - Healthy Me 	<p>PE:</p> <ul style="list-style-type: none"> - Basketball - Hockey 	<p>PE:</p> <ul style="list-style-type: none"> - Rounders <p>PSHE/RSE:</p> <ul style="list-style-type: none"> - Relationships 	<p>PE:</p> <ul style="list-style-type: none"> - Athletics - Dance <p>PSHE/RSE:</p> <ul style="list-style-type: none"> - Changing Me (RSE Week)
	<p style="text-align: center;">Outdoor Learning Trinity Farm Guinea Pigs</p>					
	<ul style="list-style-type: none"> • Train as Farm Managers 		<ul style="list-style-type: none"> • Continue to tend the garden area • Continue to tend the farm grounds 		<ul style="list-style-type: none"> • Continue to tend the garden area • Continue to tend the farm grounds 	



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	<ul style="list-style-type: none">• Research the wellbeing benefits of having animals in school• Establish a daily routine for tending the farm and it's up-keep• Establish a rota of care for all the farm animals• Research Pygmy Goats and how to look after them• Research into guinea pig breeds and their care• Tend to the flower and vegetable beds	<ul style="list-style-type: none">• Support the preparation of the goat enclosure• Identify the resources and equipment need to care for pygmy goats• Inform the school community of the new farm animals through a range of comms• Contribute to the Wellbeing Newsletter	<ul style="list-style-type: none">• Survey the school community regarding other farm animals• Research into the feasibility of acquiring new animals
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- P4C – to be incorporated into other subject areas, particularly RE
- British Values and SMSC are incorporated into the Jigsaw Scheme of Work
- Outdoor Learning (Enquiry Learning) will continue and could be 'blocked'. Classes will still have their areas of responsibility.