

High Ashurst - 23rd – 25th September

- **Early start/Late return**
 - **Departure:** Gates open at 8.00am / coach leaves at 8.15am
 - **Arrive back:** 5:15pm approx.
- **Activities include:**
 - High ropes
 - Archery
 - Orienteering
 - Fire making
 - Low Ropes
 - Abseiling

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- **Kit list:**
- Packed lunch/water bottle are required.
- Jogging bottoms/leggings
- Trainers/walking shoes.
- No shorts or skirts please – they cannot complete activities in shorts/skirts and must be wearing long legged clothes.
- Change of clothes just in case
- Waterproofs if weather is rainy
- If Sunny and hot, a hat is recommended and an application of sun cream before leaving school is also advised.